





























Brushing and Flossing Chart

<u>Sunday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Monday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Tuesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Wednesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Thursday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Friday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Saturday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush
<u>Sunday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Monday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Tuesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Wednesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Thursday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Friday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Saturday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush
<u>Sunday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Monday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Tuesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Wednesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Thursday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Friday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Saturday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush
<u>Sunday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Monday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Tuesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Wednesday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Thursday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Friday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush	<u>Saturday</u> Brush <input type="checkbox"/>  Floss <input type="checkbox"/> <input type="checkbox"/> Brush