

## Sealant Post Op Instructions

Your child may complain today of a feeling that they cannot get their back teeth together. This feeling will go away over the first 24-48 hours as the sealants adjust to your child's natural bite. The sealants will not alter or adjust their bite.

Many children will complain of a sour taste for a few minutes after sealant application. Your child does not need to wait to eat.

The sealants are as hard as they will ever be at this time. Please have your child avoid chewing on ice chips and very hard objects such as jawbreakers since they may chip the sealant. Sticky and hard candies (i.e. Taffy, Jolly Ranchers, etc.), while NEVER a good idea, are really a bad idea after having sealants. These sealants can be pulled off with this kind of candy. This advice should be followed on a regular basis.

Flossing and brushing are still extremely important, even after sealants are placed. Sealing teeth is only one part of the preventive strategy!!!

Your child's sealants will be checked at all of your children's check-ups. If at a later point, your child's sealants need to be touched up, we will inform you. It is important that sealants get repaired as needed so the sealants may continue to help prevent cavities.

Please do not hesitate to call our office with any questions you may have.

